

HEALTHY SCHOOLS INITIATIVE / 2021-22

Total Amount of Grant Funding Provided = \$539,000
22 grants (7 newly funded programs)

Social Emotional/Mental Health: \$409,000

| Organization/ Program | Program Description | Previous Amount Funded | Asking | Recommended Amount |
|--|---|------------------------------|----------|-----------------------|
| AbleWorks LiveAble | Able Works mission is to equip individuals with financial education, life skills and assets that enable one to live free from oppression and poverty. | NEW | \$50,000 | \$20,000 |
| Acknowledge Alliance Resiliency Consultation Services | Our social emotional learning (SEL) curriculum provides direct services to students in elementary and middle school grades. | \$25,000 | \$50,000 | \$25,000 |
| Adolescent Counseling Services On-Campus Counseling Program | Provides free, mental health assessments, depression screenings, ongoing individual therapy, supportive services, and education to youth, parents/caregivers, and school staff on campus. | \$30,000 | \$50,000 | \$50,000 |
| Center for Wellness and Achievement in Education (CWAE) Quiet Time Pilot | The curriculum will include a meditation retreat as well as lessons connecting meditation to wellness, leadership, and social-emotional development. | \$35,000 | \$50,000 | \$40,000 |
| Child Mind Institute Student Success Program | The Student Success Program offers a comprehensive suite of mental health services for school communities. These services engage students, parents, and educators to create a holistic support system for children and adolescents who are struggling with mental health disorders. | \$25,000 | \$50,000 | \$25,000 |
| Friends for Youth Connect Mentoring Initiative | Aims to ensure that students have the positive support of a community mentor | \$20,000 | \$40,000 | \$40,000 |

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|---|--|----------|----------|----------|
| Mission Be Mindfulness Education | Mission Be offers an integrated Mindfulness Education Program (the Program) within SUHSD. The Program will focus on expanding the mindfulness practices of 10th and 11th graders as well as of their teachers and parents. | \$8,000 | \$18,840 | \$19,000 |
| One Life Counseling Building Resiliency | Provides mental health therapists to administer preventative SEL | \$40,000 | \$50,000 | \$45,000 |
| San Carlos Charter Learning Center School Counseling and Psychological Services | The counseling program at SCC is designed to support learners in the realm of social-emotional learning and mental health support both within and outside the classroom. | NEW | \$50,000 | \$35,000 |
| StarVista Crisis/Suicide Prevention | Offers educational presentations geared toward students (parent and educator versions also available) covering topics such as stress, depression, anxiety, coping skills, and suicide prevention | \$5,000 | \$20,000 | \$20,000 |
| StarVista Youth Development Initiative | Youth Leadership and peer program focused on student health concerns at Sequoia High School | \$30,000 | \$50,000 | \$40,000 |
| Summit Everest School Based Counseling | Our vision is to provide access to on-site mental health counseling for students three days per week. | NEW | \$20,000 | \$20,000 |
| Summit Prep School Based Counseling | Our vision is to provide access to on-site mental health counseling for students three days per week. | NEW | \$20,000 | \$20,000 |
| YMCA Project Cornerstone | Addresses the SEL needs of students to 1) improve school climate and 2) create caring communities | \$4,000 | \$5,000 | \$10,000 |

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ATOD: \$25,000

| Organization | Program Description | Previous Amount Funded | Asking | Recommend |
|---|---|------------------------|----------|-----------|
| El Centro Prevention Education and Early Intervention | Uses classroom-based Prevention Education Program using a SMART (Students Making A Responsible Transition) Recovery curriculum providing drug and alcohol prevention education for at-risk youth in four local schools. | \$18,000 | \$50,000 | \$25,000 |

Food/Nutrition: \$15,000

| Organization | Program Description | Previous Amount Funded | Asking | Recommend |
|---|---|------------------------|----------|-----------|
| Each Green Corner Living Campus Project | A program dedicated toward supporting schools with outdoor garden-centered learning environments that implement outdoor education activities. | NEW | \$31,125 | \$15,000 |

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Health Literacy/Fitness: \$90,000

| Organization | Program Description | Previous Amount Funded | Asking | Recommend |
|---|--|------------------------|----------|-----------|
| Footsteps PE Yoga & Mindfulness | Belmont Redwood Shores School District Physical Education curriculum will offer yoga and mindfulness to children afterschool. | \$6,000 | \$20,000 | \$10,000 |
| Jasper Ridge Farm HorseBuddies | Equine therapy and fitness program for special needs youth attending local schools | \$8,000 | \$8,000 | \$10,000 |
| Mary Meta Lazarus Child Center Healthy Eats, Active Feet | Healthy Eats, Active Feet is an early intervention program that contributes to young children's lifelong eating/exercise. | \$5,000 | \$20,000 | \$10,000 |
| San Carlos Charter Learning Center Learner Health Services | Provide support for health screenings, medication organization, and overall healthcare management | NEW | \$10,000 | \$10,000 |
| Siena Youth Center of St. Francis Center Holy Family Outdoor and PE Program | Outdoor Education and Physical Fitness Program at Holy Family School in North Fair Oaks | \$15,000 | \$45,000 | \$25,000 |
| United Through Education Familias Unidas Parent Engagement Virtual Workshop | United Through Education's objective is to increase parent involvement in their children's education, teaching skills to make healthy habits part of the families' daily routine through workshops and individualized attention. | NEW | \$45,000 | \$25,000 |